Winter 2021/2022

4520 California Road, Orchard Park, NY 14127 www.oprec.org Phone (716) 662-6450. Fax (716) 209-0210; oprec@orchardparkny.org

THE REC WRAP Orchard Park Recreation

Winter Program Resident Registration Opens January 1, 2022; non-resident opens January 8, 2022

Register online for 10% discount at www.oprec.org



YOUTH PROGRAMS

After School Program (K-6) - Activity Center (page 7)

Basketball (4-10yrs) - Activity Center (page 6)

Basketball (11-14) - Activity Center (page 6)

December Break Camp (5-11) Activity Center (page 1)

February Break Camp—(K-6) Activity Center (page 4)

Flag Football (6-11) - Activity Center (page 6)

Floor Hockey (4-11yrs) - Activity Center (page 6)

Lacrosse (4-10yrs) - Activity Center (page 6)

Preschool Play (3-6yrs) - Activity Center (page 7)

Soccer (4-10yrs) - Activity Center (page 6)

Special Olympics Developmental Program (Basketball) - Activity Center (page 6)

Swim (3 and up) - Orchard Park Middle School (page 8)

TGIF! - (5-10 yrs) Activity Center (page 7)

Young Artists (5-11yrs) - Activity Center (page 7)

Volleyball (8-11yrs) Activity Center (page 7)

See pages 2-11 for more details

Preschool Play (ages 3 - 6)

Winter and Spring 2022 Session

Full details on Page 7

Registration Opens 12/1/21!

December Break Camp



Orchard Park Schools are closed 12/27-12/31 for Winter Break.

No School? No Problem!

Kids will spend the week at the NEW Activity Center and adjacent Brush Mountain Park enjoying the days with their peers participating in camp games, gym time, arts and crafts and, weather permitting, we will spend time outside sledding, building snowmen, and exploring the outdoors!

Pack a lunch, snack and a water bottle, and let our outstanding Rec staff do the rest!

Space is limited!
Register for the Bundle or per day!

Location: Activity Center

Days: Monday - Friday 12/27-12/31

Ages: 5-11

Fee: \$280.00 per week \$60.00 per day

(additional \$11.00 for non residents)

Registration is Open!

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To register for any Orchard Park Recreation Program call the office at 662-6450 or visit our website at oprec.org

and receive a 10% online registration discount.

To register online...oprec.org

- Click on Register Now (upper right hand corner)
- Sign in or create an account
- Go to Other Services/register for activities
- Search for your activity or choose from the alpha list
- Add to cart and continue to payment
- A receipt will be generated and sent to your email

February Break Camp

Orchard Park Schools are closed 2/21-2/25 for Spring Break. No School? No Problem!

Kids will spend the week at the NEW Activity Center and adjacent Brush Mountain Park enjoying the days with their peers participating in camp games, gym time, arts and crafts and, weather permitting, we will spend time hiking and exploring the outdoors!

Pack a lunch, snack and a water bottle, lots of enthusiasm and let our outstanding Rec staff do the rest!

Space is limited!

Register for the Bundle or per day!

Location: New Activity Center Ages 5-11: 7:30AM-5:30PM

Dates: 2/21/22-2/25/22 Fee:



Adult Corner

PG

All participants will be required to show ID when entering the buildings. Masks must be when off the court for all

programs

Adult Volleyball

Teams picked each day for pick up games. No organized

Sportsmanship and team play are stressed. New players

Location: **Activity Center** Ages: 16 and up

Wednesdays: 1/26/22-3/23/22 (no class 2/23)

Times: 7:30-9:30PM \$96.00 (8 sessions) Cost:

Aquafit

Join us for this fun and invigorating water exercise class!

Orchard Park Middle School Pool Location:

Ages: 16 and up

Tuesdays and 1/11/22-3/24/22 (no class 2/22,2/24,3/3)

Thursdays:

Times: 5:00-5:55pm (Co-Ed class)

6:00-6:55pm (Ladies Only)

\$228.00 (19 sessions) Cost:

Badminton

Competitive pick-up badminton for players of

all levels!

Singles and Doubles! New players are welcome!

Orchard Park Middle School Gym Location:

Ages: 16 and up

Thursdays: 1/20/22-3/24/22 (no class 2/24, 3/3)

Times: 7:00-9:00PM

Cost: \$96.00 (8 sessions)

Men's Basketball

Teams picked each day for pick-up games. No

organized leagues.

Sportsmanship and team play are stressed. New

players welcome!

Location: Activity Center Gym 1 & 2

16 & up Age:

1/11/22-3/29/22 Tuesdays Time: 6:30 pm- 9:00 pm Cost: \$144.00 (12 sessions)

An additional \$11 fee for all programs will be applied for non-residents.

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Sports

Roller Hockey Leagues:
Youth & Adult
Non-Skate Floor Hockey
Floor time available for
Soccer, basketball etc.



<u>662-9860</u> Orchard Park's Official Roller Rink All indoor activities will be held at our New Activity Center. Park near the Gym and enter via the Gym doors.

Youth Volleyball

This program focuses on fundamental volleyball skills such as passing, setting, spiking, blocking, serving and good sportsmanship.

No competition will take place.

Participants MUST wear masks while playing.

Location: Activity Center

Wednesdays: 1/2622-3/23/22 (no class 2/23)

Ages 8-11: 6:30-7:15PM

Fee: \$110.00 (8 sessions)

Basketball

Our program will provide basic instruction on dribbling, passing, and shooting, Fundamentals and teamwork are the focus, drills and skills will be stressed. Social distancing will be practiced throughout each session, no scrimmages or game play this year.

Location: Activity Center

Thursdays: 1/27-3/24 (no class 2/24)

Ages 4-5: 4:30-5:15PM or 6:30-7:15PM

Ages 8-10: 5:30-6:15PM or 6:30-7:15PM

Fee: \$110.00 (8 sessions)

All equipment is sanitized after each

use

Soccer

Basic soccer skills including dribbling, passing, shooting and goaltending are taught. Fundamentals and teamwork are the focus. Players must bring shin guards and are welcome to bring a ball if they like. There will be no scrimmaging or game play this year.

Location: Activity Center Mondays: 1/24-3/21

(no class 2/21)

Ages 4-6: 4:30-5:15PM Ages 5-7: 5:30-6:15PM Ages 8-10: 6:30-7:15PM

Fee: \$110.00 (8 sessions)

Participants must bring their own shin guards.

To Register: 716-662-6450
10% discount when you register online at
www.oprec.org

Resident registration opens 1/1/22; non-resident opens 1/8/22.



Our program foc uses on fundamental hockey skills such as shooting, passing, goaltending and good

sportsmanship. No competition or scrimmages will take place this year.

Location: Activity Center

Wednesdays 1/26/22-3/23/22(no class 2/23)

Ages 4-7: 5:30-6:15PM **Ages 8-11**: 6:30-7:15PM

Fee: \$110.00 (8 sessions)

Sticks will be provided and sanitized after each use.

Participants must bring their own goggles.



Developmental Sports Program

Basketball

This free program is designed for ALL youth ages 6-14 years of age. This inclusive sport experience will provide participants with and without intellectual/physical disabilities the experience to play on the same team. Individuals of all abilities and skill levels are welcome and encouraged to register.

Location: Activity Center

Tuesdays: 1/25-3/22 (no class 2/22)

Ages 6-14 - Free

Lacrosse

This program focuses on passing, catching, shooting, scooping and the rules of play. Social distancing will be practiced. Groups will be no larger than 10 participants. There will be no scrimmage or game play this year.

Location: Activity Center

Tuesdays: 1/25-3/22 (no class 2/22)

 Ages 4-6:
 5:00-5:45PM

 Ages 7-10:
 6:00-6:45PM

 Fee:
 \$110.00 (8 sessions)

Sticks will be provided and sanitized after each use. Participants must bring their own goggles, helmet and

mouth guard.

Thank Goodness It's Friday!



Kids can start their weekend off with a bang at TGIF. They will enjoy an evening with their friends creating a craft, playing games in the gym, and a weekly themed activity. If your child attended Day Camp and enjoyed that, they will love this! Not only does TGIF celebrate the weekend but it's a taste of summer camp all year long!

Kids will be grouped by age.

Group sizes no more than 10 kids per group.

Location: Activity Center
Dates: Fridays
Themes: Coming Soon!
Fee: \$110.00

Young Artists

This is an after school ART CLUB for kids who can't get enough of art! Each week kids will create something new and learn about the process behind it. They will explore the art of creating by using collage, drawing, painting, and printing techniques. Kids will have lots of fun learning about art through the use of different media.

Location: Activity Center

Thursdays: 1/27/22-3/24/22 (no class 2/24)

 Ages:
 4-7
 5:00-5:45pm

 Ages:
 8-11
 6:00-6:45pm

 Fee:
 \$110.00 (8 sessions)

See page 8 for our safety guidelines!



Flag Football

is a co-ed activity that teaches the basic skills of

football (passing, catching, and field position) through fun skills and drills activities that allow for social distancing. There will be no scrimmaging or game play this year.

Location: Activity Center Gym

Saturdays: 1/2922-4/2/22 (no class 2/19, 2/26)

Fee: \$110.00 (8 sessions)

Ages 6-8: 10:00-10:45am or 11:00-11:45am

Ages 7-9: 12:00-12:45pm

Ages 9-11: 10:00-10:45am or 11:00-11:45am

Ages 10-12: 12:00-12:45pm

An additional \$11 fee for all programs will be applied for non-residents.

All indoor activities will be held at our New Activity Center. Park near the Gym and enter via the Gym doors.

After School Programs

Let your kids run and play with us after school. A fantastic opportunity for them to let loose, play and safely socialize with other kids their age. Each day is filled with new and different activities. Weather permitting we will venture into Brush Mountain Park and play outside. On the not-so-nice days we will safely play in the New Activity Center Gym and classroom spaces. When outside kids will not be asked to wear a mask, when we are transitioning inside masks will be worn and can be removed once we are safely spread out within the gym and classrooms.

Time: 3:00-6:30PM

Program 1

Students from 4 elementary schools will be bused at the end of each school day to the new Activity Center.

\$15.00 per day per child paid monthly

Program 2

Parents can drop off anytime from 3-4PM at the Activity Center. Upon registration parents will be asked to provide an approximate drop off time.

\$15.00 per day per child paid monthly (an additional \$15.00 fee per child on school 1/2 days)



Resident registration opens 1/1/22; non-resident opens 1/8/22.



Preschool Play

Join us for months of fun, learning, imagination and crafts! As we explore the world around us during the fall months our participants will also focus on the program goals of ABC's and counting, fun with friends, learning from the world, reading is fun, and nature exploration!

Ages: 3-6 (must be bathroom independent)

Winter Session:

Days: Monday, Wednesday, Friday

Time: 9 AM-12 PM

Dates: January 3 - April 1

(no class 1/17, 2/21, 2/23, 2/25, 3/18)

Tuition: \$646.00 for 34 classes

Days: Tuesday, Thursday
Time: 9 AM—12 PM

Dates: January 4 - March 31

(no class 2/22, 2/24)

Tuition: \$456.00 for 24 classes

Spring Session:

Days: Monday, Wednesday, Friday

Time: 9 AM—12 PM

Dates: April 4 - June 10

(no class 4/11, 4/13, 4,15, 5/30)

Tuition: \$494.00 for 26 classes

Days: Tuesday, Thursday
Time: 9 AM—12 PM
Dates: April 5 - June 9

(no class 4/12, 4/14)

Tuition: \$342 for 18 classes

Yates Park Shelters

2022 Reservations Open January 3rd

Shelters at Green Lake are open to Orchard Park residents and their guests Saturdays and Sundays from Memorial Day—Labor Day.

Call 716-662-6450 to make a reservation for your birthday party, graduation party, reception, or family reunion.

Large Shelters-\$170

Shelter #1 (48ft x 23ft)

9 Tables, 2 grills, 1 garbage can

Shelter #5 (41ft × 20ft)

6 Tables, 1 garbage can, handicap accessible (large tent on gravel)

Small Shelters-\$125

Shelter #2 (19ft × 16ft)

3 Tables, Handicap Accessible, access to power, 1 grill, 1 garbage can

Shelter #3 (19ft x 16ft)

3 tables, 1 grill, 1 garbage can

Shelter #4 (19ft x 16ft)

3 Tables, 1 grill, 1 garbage can

All parks open at sunrise and close at sunset. Renters must have Permit on his or her person during the times listed and be present to prove claim of shelter(s). Permits will be revoked and Legal Action instituted for vandalism, littering, excessive noise, public intoxication, or illegal parking in all Town of Orchard Park parks.

Parking is permitted only where designated. No motor vehicles are allowed in playground/shelter area. Shelters cannot be used for profit making ventures. Cans only are allowed. A fee per

shelter is required to reserve a shelter. No refunds. The town is not responsible for inclement weather.



All indoor activities will be held at our New Activity Center. Park near the Gym and enter via the Gym doors.

Swim Lessons at Orchard Park Middle School Pool

We offer Group Lessons,
Private Lessons and Semi Private
lessons (for members in the same
family only), and Parent Child Swim
Classes on Saturdays, Mondays and
Wednesdays, beginning January
22nd.

Resident Registration opens 1/1/22; non-resident opens 1/8/22

- Group Lessons will be 45 minutes for levels 1 - 5/6
 - Fee: \$125.00 for 8 lessons
- Bubble Belt and Parent Child lessons will be 30 minutes
 Fee: \$125.00 for 8 lessons
- Private Lessons will be 30 minutes

Fee: \$195.00 for 8 lessons

 Semi Private Lessons will be 30 minutes

Fee: \$165.00 for 8 lessons





OPREC Swim Lessons What level is my child?



PG

Parent / Child Lessons* (age 6 months—4 years)

This level is an introduction to a water environment for children.

We use songs, games, and the interactions between parent and child to foster a positive experience in the water.

Each child must be accompanied by an adult in the water.

*Children who are not fully potty trained must wear a swim diaper.

Bubble Belt

Student must be comfortable in the water without a parent when wearing a flotation device and is able to follow directions reasonably well.

Students will be in the water without mom or dad accompanied by their instructor. Lessons focus on breath control, building comfort level and endurance, alternating arm and leg movement, as well as correct body position in the water and basic pool safety rules. Each child will wear a bubble belt on their back provided by OPREC that allows them to learn to use their lungs for natural buoyancy.

Level 1

Students must be willing to get in the water without a parent and without a flotation device attached to their body.

At this level, we will be using flotation aides (ie. pool noodles) to continue to build confidence and endurance while focusing on the fundamentals of swimming such as proper body position, breath control, alternating arm and leg movements, underwater exploration, and pool safety.

Level 2

Students must be able to tread water for at least 5 seconds, put their face in the water, be comfortable floating on their stomachs and willing to try floating on their backs.

At this level we start by using floatation aides with the goal of working toward being able to swim the width of a pool without support. We introduce components of the breast stroke, back stroke, and front crawl, preparing them for Level 3 which will focus more on stroke development.

Level 3

Students must be able to swim the width of a pool without stopping or touching the bottom, be comfortable floating on their backs without assistance, follow complex directions, and tread water for about a minute.

Level three focuses on stoke fundamentals for front crawl, elementary backstroke, backstroke, breast stroke, and sidestroke. We work on diving basics and continue pool safety and swimming survival skills.

Level 4

Students must be able to demonstrate (doesn't have to be perfect) all the strokes, and be comfortable diving and swimming in the deep end.

At this level swimmers focus on stroke finesse. We fine tune each of the strokes to make your swimmer more proficient and confident with each stroke. We introduce the butterfly as well as starts and turns. We continue to work on diving and water safety.

Level 5/6

Students must be able to swim the length of the pool with each stroke without stopping.

In this level we continue to work on endurance, refine the strokes, including the butterfly, flip turns and diving.



Parents and guardians are required to stay during class, in the spectator area.

Children who are not potty trained must wear a swim diaper.

An additional \$11 fee for all programs will be applied for non-residents.

SAFETY IS OUR TOP PRIORITY!

- Equipment is sanitized after each use
- Social distancing will be used while at the program
- Staff, participants and parents must wear masks while indoors regardless of vaccination status. We are following the OPCSD masking policy.
- Parents are asked to stay on site in case their participant needs support that does not allow for social distancing.

Resident registration opens 1/1/22; non-resident opens 1/8/22 at oprec.org or 716-662-6450 10% discount when you register online at

www.oprec.org





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Day Camp

Preschool Play



Mark your calendars!

Join the Summer fun!

Resident registration for all camps opens 2/1/22

Non-resident opens 2/8/22.

Summer Fun 2021



Sport's Camp

Performing Arts

Camp

Summer Fun



Culinary Creations









2022 OPREC Summer Job Fair

Saturday January 8th 8:30a- 12:30pm @ the Activity Center located at 4520 California Rd

Interested in working with OPREC and Parks this Summer?

If you are looking for summer employment that will give you career-focused experience that looks great on a resume, a job that lets you be outside and work with children and has competitive pay, you need to participate!

This is for anyone who wants to work with OPREC for summer 2022 regardless if you have been employed with us before.

Positions we will be interviewing for:

- Leadership Positions
- Camp Counselors
- Sports Instructors
- Lifeguards
- Swim lesson instructors
- Tennis Instructors
- Parks and Grounds Laborer

Leadership Applicants Only:

- Please email Kristin @ welchk@orchardparkny.org to schedule your interview on Sat. January 8th
- All other positions need not rsvp for an interview.

To Apply for summer positions

- Mark your calendar and attend the OPREC job fair on Sat. January 8th.
- If you are unable to attend the job fair please reach out to Kristin at welchk@orchardparkny.org
- Stop by anytime between 8:30a and 12:30p for your on the spot interview.
- Bring with you a completed OPREC application that can be found on our website www.oprec.org under the about us tab.
- No pre-registration needed.

Questions?

Email Kristin at welchk@orchardparkny.org